

## Serenity™

Serenity® Restful Blend combines powerful essential oils to help calm and relax when stressful feelings arise. It is ideal for use day and night, as it can help reduce everyday stresses and promote sleep.

- Apply a drop to the back of the neck or on the heart for a calming atmosphere.
- · Creates a restful environment at bedtime.
- Inhale directly from hands or diffuse throughout the day for a soothing aroma.
- Apply to bottoms of feet at bedtime to help unwind before going to sleep.
- · Encourages a tranquil atmosphere.
- Add to a warm bath with Epsom salts to create a relaxing, renewing experience.





## Serenity® Softgels

The doTERRA® Serenity™ Restful Complex Softgels harness the power of well-researched, historically-proven ingredients and the best of modern science for a calming night of quality rest.

- May support healthy sleep patterns\*
- Helps relieve occasional sleeplessness\*
- Supports healthy relaxation, making it easier to fall asleep and stay asleep\*
- Calms the nervous system\*
- Provides refreshing sleep without after effects the next day\*
- May improve the quality of sleep\*
- Provides non-habit forming, low dose, naturally occurring melatonin from tart cherry

# hygge™

The dōTERRA® Hygge Diffuser instantly creates a cozy and comfortable atmosphere thanks to its beautiful, frosted glass top and warm flickering light.

Treasured family and friends will immediately feel warm and welcome with the sweet, woodsy Hygge™ Cozy Blend. Hygge (pronounced "hoo-gah") refers to finding joy in everyday moments and comfort in togetherness.

- Put one to two drops on cloths or wool balls and place in closets to keep linens fresh.
- Dilute and spray on upholstery for a cozy atmosphere.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease



**AVAILABLE OCTOBER 1ST** 



#### RevitaZen™

**DETOXIFICATION BLEND** 

This powerful essential oil blend is crafted with Tangerine, Rosemary, Geranium, and Ginger essential oils known for their ability to support the liver, kidneys, and digestive system while protecting against oxidative stress.

Use RevitaZen™ internally to help your body's **natural detox pathways** work at their best, **supporting healthy digestion and daily cleansing.** Gentle enough for everyday use, RevitaZen works in harmony with your body to **encourage long-term wellness**.



HEALTHY organ function



### RevitaZen™

**DETOXIFICATION COMPLEX** 







It's made for **everyday use** to help your body eliminate toxins, reduce oxidative stress, and promote **healthy digestion and detox pathways.** 

RevitaZen+™ is an advanced supplement that **supports your liver, kidneys, and colon** using clinically studied botanicals and essential oils.

Helps support a **healthy inflammatory response during periods of stress,** like when toxins build up.\*

Take one capsule with a meal, once or twice daily as needed, and support your body's natural ability to renew and restore.

### Castor Oil

#### Cold-pressed, hexane-free, & vegan-friendly

Apply 1-5 drops topically to moisturize and revitalize skin.

Deeply hydrates and nourishes skin for a soft, smooth appearance. Use 1–2 tbsp as part of a castor oil pack protocol over the abdomen. Use topically with Yarrow|Pom and Frankincense essential oils for facial care.



Apply to the navel as part of a wellness routine.

hair

& body

earthy

supportive

Supports healthy-looking hair and scalp.





### PastTense<sup>®</sup>

Stick + Sweet Gum

Applies smoothly without a greasy feeling in an easy-to-use stick is formulated without parabens, phthalates, and synthetic fragrances.

The stick is ideal for use on areas where tension tends to build

Swipe it across your temples, forehead, or neck whenever the stress creeps in.

Delivers a non-comedogenic formula that's safe for sensitive skin.

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